



# 2026 PCRS ANNUAL MEETING

REPRODUCTIVE FRONTIERS: BRIDGING BIOLOGY,  
PRACTICE, AND POSSIBILITY

**MARCH 18-22 | RANCHO MIRAGE, CA**



PACIFIC COAST  
REPRODUCTIVE  
SOCIETY

# Opportunities to Increase Usable Embryo Yield in the Lab



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Bec Holmes, PhD, HCLD  
CCRM Network



# Disclosure Slide

- Neither I nor members of my immediate family have any actual or potential financial interests to disclose relating to the content of this presentation.





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# Needs Assessment Statement and Expected Learning Outcomes

- Increasing embryo yield is critical for patients
- We will discuss the role the IVF lab plays in this



# Clinical End Points of IVF

- Pregnancy
- Preservation of Fertility
- **Usable embryo yield**





# We all have common goals....

Get patients  
pregnant

Maximize Lab KPIs

Safety First without  
Compromising  
Quality

Satisfied patient

# What Can the Lab Do?

More oocytes

Better fertilization

More zygotes cultured

Better culture conditions

Better/broader selection

$\mathcal{L} = \oint E dt$

$f(w) = \int_{-\infty}^{\infty} f(x) e^{-2\pi i x w} dx \frac{dt}{ds}$

$\nabla \cdot E = 0$   
 $\nabla \times E = -\frac{1}{c} \frac{\partial H}{\partial t}$   
 $\nabla \cdot H = 0$   
 $\nabla \times H = \frac{1}{c} \frac{\partial E}{\partial t}$

$\rho \left( \frac{\partial v}{\partial t} + v \cdot \nabla v \right) = -\nabla p + \nabla \cdot T + f$

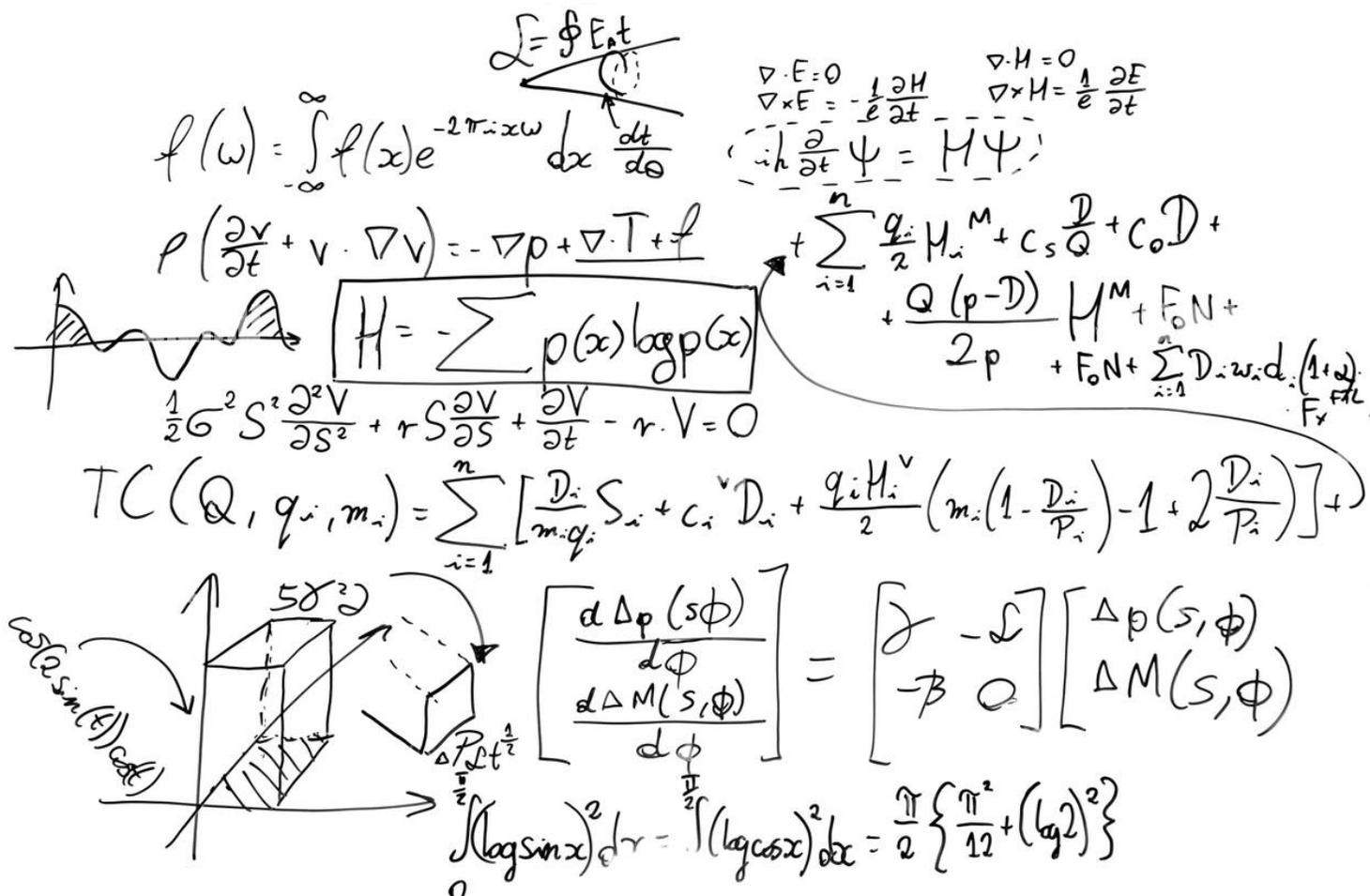
$H = -\sum p(x) \log p(x)$

$\frac{1}{2} \sigma^2 S^2 \frac{\partial^2 V}{\partial S^2} + r S \frac{\partial V}{\partial S} + \frac{\partial V}{\partial t} - r \cdot V = 0$

$TC(Q, q_i, m_i) = \sum_{i=1}^n \left[ \frac{D_i}{m_i q_i} S_i + c_i v D_i + \frac{q_i H_i^v}{2} \left( m_i \left( 1 - \frac{D_i}{P_i} \right) - 1 + 2 \frac{D_i}{P_i} \right) \right] +$

$\left[ \frac{d \Delta p(s, \phi)}{d \phi} \right] = \begin{bmatrix} \beta & -\beta \\ -\beta & 0 \end{bmatrix} \begin{bmatrix} \Delta p(s, \phi) \\ \Delta M(s, \phi) \end{bmatrix}$

$\int_0^{\frac{\pi}{2}} (\log \sin x)^2 dx = \int_0^{\frac{\pi}{2}} (\log \cos x)^2 dx = \frac{\pi}{2} \left\{ \frac{\pi^2}{12} + (\log 2)^2 \right\}$



Maintain Quality...



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# Increasing Egg Yield Improved Recovery

nature medicine



Article

<https://doi.org/10.1038/s41591-026-04207-x>

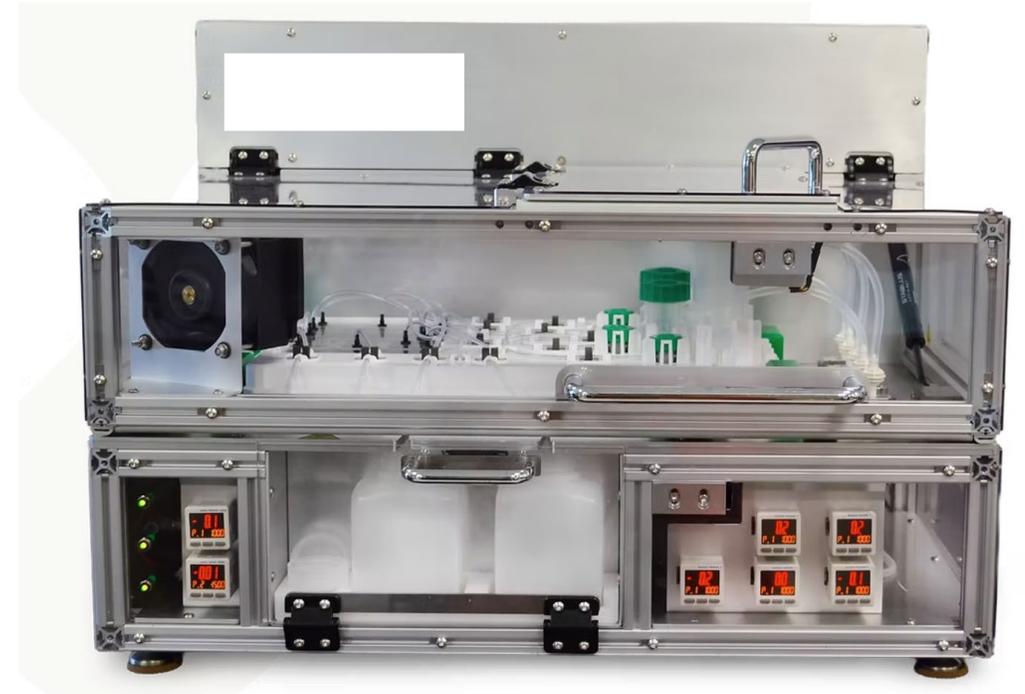
## Microfluidic automation improves oocyte recovery from follicular fluid of patients undergoing in vitro fertilization

Received: 27 May 2025

Accepted: 5 January 2026

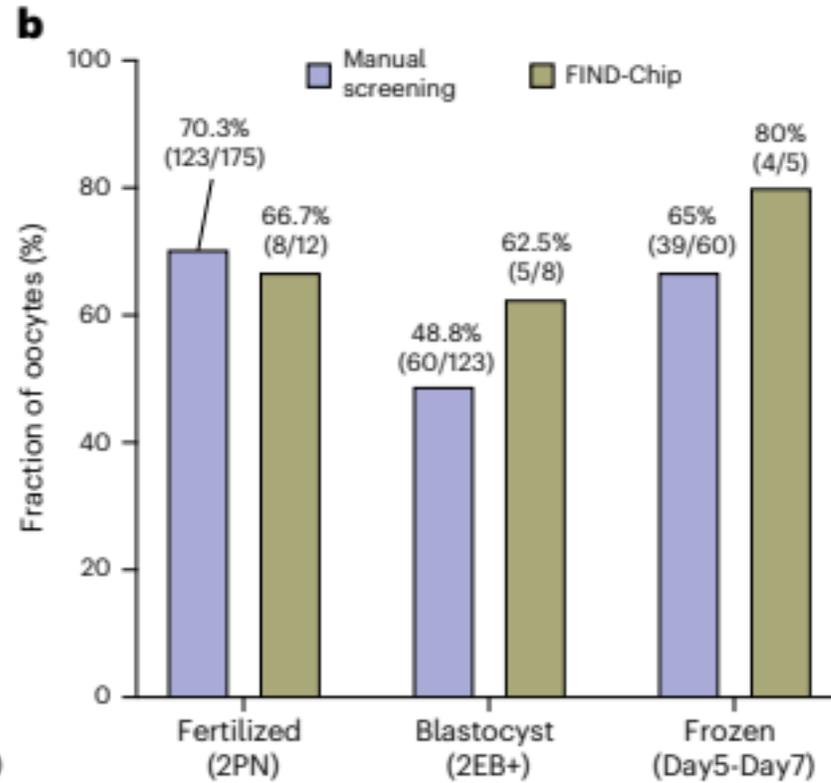
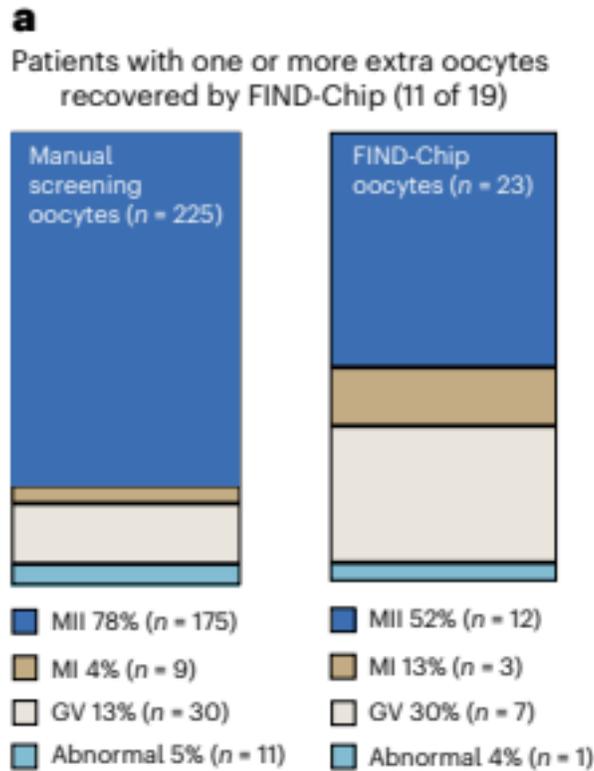
Published online: 12 February 2026

Baris R. Mutlu<sup>1</sup>, Sabrina C. Civale<sup>1</sup>, Joshua Diettrich<sup>1</sup>, Neha Gupta<sup>1</sup>,  
Thomas Barber<sup>1</sup>, Mitchel Sayare<sup>1</sup>, Alan S. Penzias<sup>1,2</sup>, Michael M. Alper<sup>1,2</sup>,  
Thomas L. Toth<sup>1,2</sup>, Ravi Kapur<sup>1</sup>, Mehmet Toner<sup>1,3</sup>, Denny Sakkas<sup>1,4</sup> &  
Emre Ozkumur<sup>1,4</sup> ✉





# Improved Oocyte Recovery



**c**

	Manual screening (SOC) blastocysts			FIND-Chip blastocysts		
	Day 5	Day 6	Day 7	Day 5	Day 6	Day 7
Patient 1	4AB, 4BB, 4BA	6BB (failed transfer), 5BB, 4BB			4BB, 5BB, 5BA* (live birth)	
Patient 2 <sup>b</sup>	3BB (Abn), 4BB (Eup)	4BB (Eup), 4BB (Eup)	6BA (Eup), 5BA (Eup)	4BB (Eup)		



# Better Fertilization

Extra ICSI's  
- timing matters



Day 2 ICSI does result in good quality blastocyst development and pregnancy  
Kile, Rebecca et al.  
Fertility and Sterility, Volume 112, Issue 3, e278

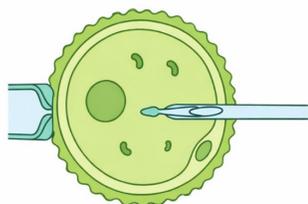


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Day 0

Day 1

Day 2



ICSI



ICSI



Late Maturing ICSI



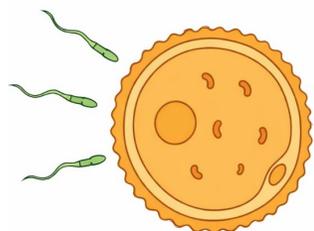
Fert Check and Maturity check



2<sup>nd</sup> Day ICSI of overnight matured



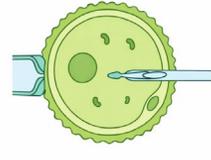
2<sup>nd</sup> Day Fert Check



Conventional IVF



Insemination



ICSI



ICSI of no ferts



2<sup>nd</sup> Day Fert Check



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# 2<sup>nd</sup> Day ICSI

Approach	Outcomes
Original cohort	Best fert rates and blast dev
2 <sup>nd</sup> Day ICSI	Ok Fert rates & Good blast dev
Late Maturing ICSI	Lower fert rates and blast dev
Rescue ICSI	Poor fert rates and increased chr abnormalities

SUCCESS RATES OF RESCUE ICSI THE DAY AFTER FAILED FERTILIZATION IN CONVENTIONAL INSEMINATION: FRESH VERSUS FROZEN EMBRYO TRANSFERS

Batha, Sara Nasser et al.  
Fertility and Sterility,

REPRODUCTIVE POTENTIAL OF LATE MATURING OOCYTES WITH SAME DAY AND NEXT DAY ICSI

Ortega, Egle A. et al.  
Fertility and Sterility, Volume 122, Issue 4, e293 2024

Day 2 ICSI does result in good quality blastocyst development and pregnancy

Kile, Rebecca et al.  
Fertility and Sterility, Volume 112, Issue 3, e278

# Culture of abnormally fertilized zygotes

## Fertilisation Outcomes



OPN

1PN

2PN

3PN

2-8 %

1-4 %

↓ blast rates

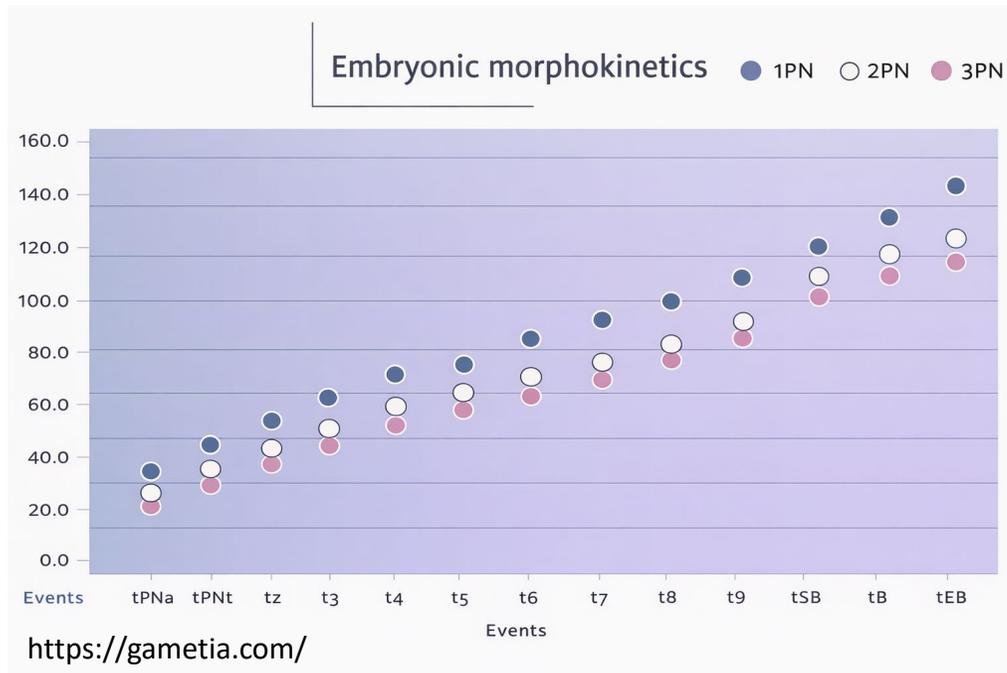
≅ blast rates



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# Morphokinetics of Abnormally 0, 1, 3 PN embryos



- 1pn: **59.4% diploid (203)**, 40.6% haploid (139)
- 3pn: **13.9% diploid (63)**, 86.1% triploid (389)
- 0Pns: 98% diploid

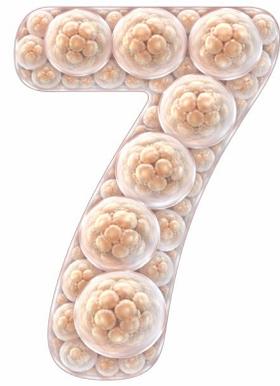
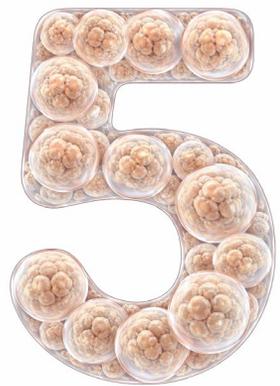
SNP analysis

Increases number of embryos in the pool

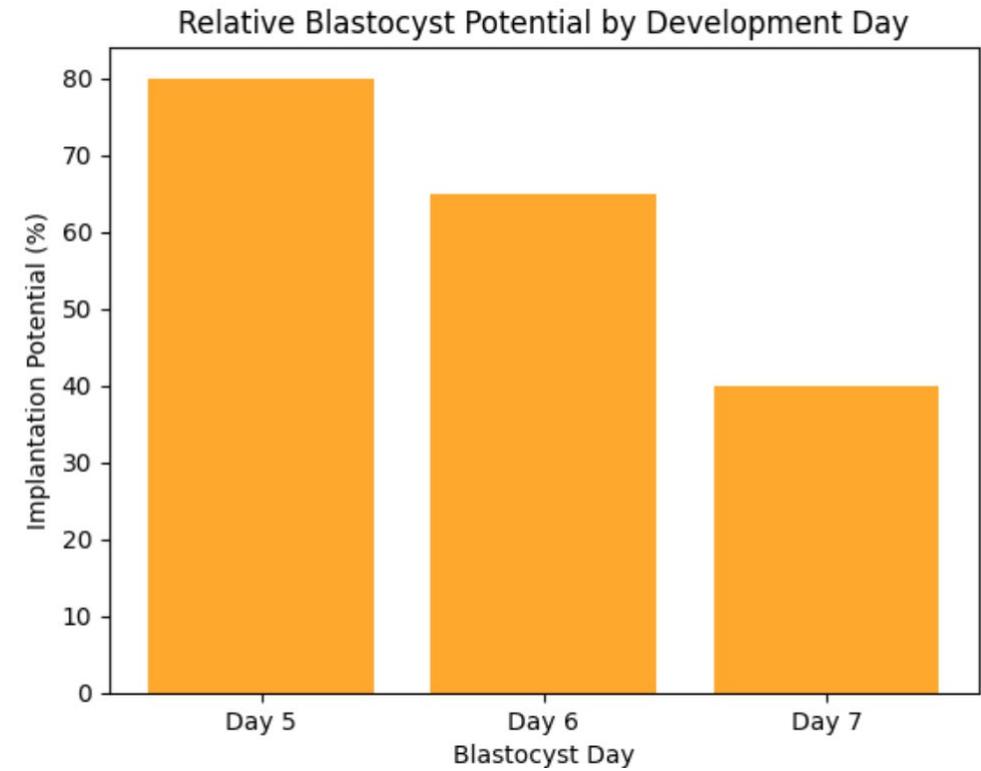




# Day 7 Culture



“trophectoderm biopsy of D7 blastocysts is a clinical option for poor prognosis infertility patients since viable euploid blastocysts may result.”



MORPHOKINETICS AND REPRODUCTIVE POTENTIAL OF DAY 7 EMBRYOS Reckhow, Jensen et al. Fertility and Sterility, Volume 124, Issue 6, e23 - e24

BENEFITS OF DAY 7 BLASTOCYST CULTURE?: A COMPARISON OF CONVERSION AND EUPLOIDY RATES BETWEEN RELATED IVF LABORATORIES WITH DIFFERENT VOLUMES Swain, Jason E. et al. Fertility and Sterility, Volume 114, Issue 3, e120



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# Day 7 culture

## BENEFITS OF DAY 7 BLASTOCYST CULTURE?: A COMPARISON OF CONVERSION AND EUPLOIDY RATES BETWEEN RELATED IVF LABORATORIES WITH DIFFERENT VOLUMES.

Jason E. Swain, PhD, HCLD,<sup>1</sup> William B. Schoolcraft, MD,<sup>2</sup> Rebecca L. Krisher, PhD<sup>2</sup>  
<sup>1</sup>CCRM IVF Network, Lone Tree, CO; <sup>2</sup>CCRM Colorado, Lone Tree, CO.



Lab #	1	2	3	4	5	6	7	8	9	10	11
# of Retrievals	3197	1831	1359	1089	1075	732	680	623	588	353	131
Avg. female Age	37.5	36.4	36.5	36.7	36.8	36.5	36.9	37.5	36.7	36.1	37.0
% Day 7 Blastocyst Rate	4.7 <sup>a</sup>	5.0 <sup>ac</sup>	2.9 <sup>b</sup>	4.0 <sup>d</sup>	3.5 <sup>d</sup>	2.5 <sup>b</sup>	5.9 <sup>e</sup>	5.6 <sup>ce</sup>	5.0 <sup>ac</sup>	5.5 <sup>c</sup>	2.8 <sup>b</sup>
% D7 Euploid Rate	37.2 <sup>ad</sup>	44.5 <sup>ab</sup>	56.2 <sup>c</sup>	46.9 <sup>ab</sup>	44.1 <sup>ab</sup>	51.7 <sup>bc</sup>	41.0 <sup>a</sup>	36.3 <sup>ad</sup>	59.6 <sup>b</sup>	30.1 <sup>d</sup>	20.1 <sup>e</sup>



# Day 7 culture

## DAY 7 EMBRYO CULTURE INCREASES BLASTOCYST YIELD FOR DIFFERENT AGED FEMALE PATIENTS.

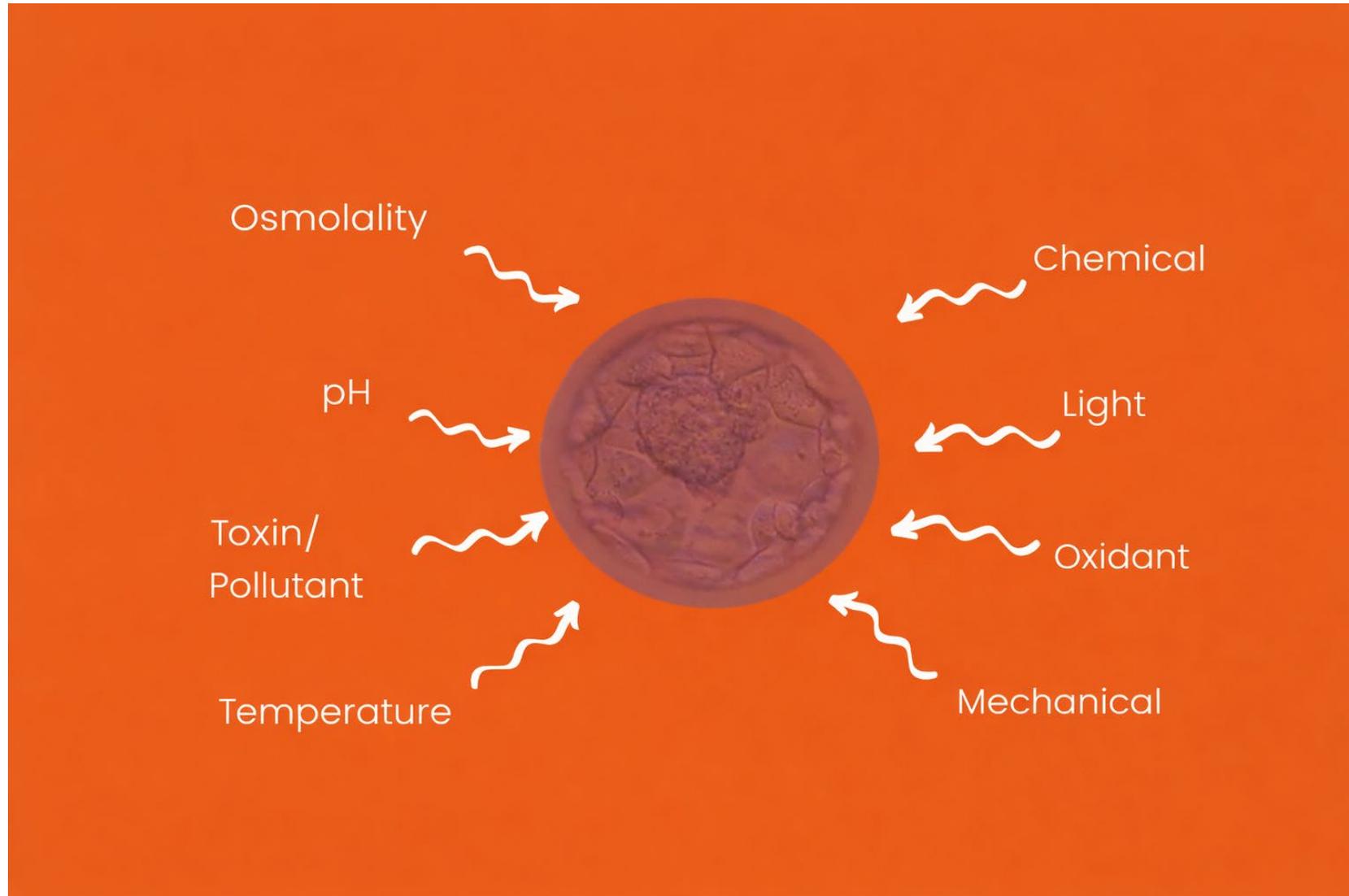
Nancy L. Bossert, PhD,<sup>1</sup> Rebecca L. Krisher, PhD,<sup>2</sup> William B. Schoolcraft, MD,<sup>2</sup> Hannah Van Der Geest, BS,<sup>1</sup> Jason E. Swain, PhD, HCLD.<sup>3</sup> <sup>1</sup>CCRM Minneapolis, Edina, MN; <sup>2</sup>CCRM Colorado, Lone Tree, CO; <sup>3</sup>CCRM IVF Network, Lone Tree, CO.



Female Age	# Patients	Day 5 Total Blast Rate	Day 5 GQB	Day 5/6 Total Blast Rate	Day 5/6 GQB	Day 5/6/7 Total Blast rate	Day 5/6/7 GQB	% Increase in GQB from D7
<30 yrs	22	63.7% <sup>a</sup>	29.5% <sup>ac</sup>	72.2% <sup>ab</sup>	51.6% <sup>ab</sup>	76.2% <sup>a</sup>	52.7% <sup>ab</sup>	1.1% <sup>ab</sup>
30-34	166	61.1% <sup>a</sup>	28.5% <sup>a</sup>	69.7% <sup>a</sup>	50.4% <sup>a</sup>	74.5% <sup>a</sup>	51.1% <sup>a</sup>	0.7% <sup>a</sup>
35-37	152	51.0% <sup>b</sup>	23.5% <sup>bc</sup>	63.4% <sup>bc</sup>	42.7% <sup>bc</sup>	73.0% <sup>ab</sup>	45.2% <sup>bc</sup>	2.5% <sup>b</sup>
38-40	149	47.8% <sup>bd</sup>	19.4% <sup>be</sup>	59.8% <sup>cd</sup>	39.6% <sup>cd</sup>	71.9% <sup>ab</sup>	41.1% <sup>cd</sup>	1.5% <sup>ab</sup>
41-42	61	42.8% <sup>bd</sup>	11.6% <sup>d</sup>	54.4% <sup>df</sup>	31.1% <sup>df</sup>	68.9% <sup>ab</sup>	32.9% <sup>df</sup>	1.8% <sup>ab</sup>
>42	40	36.9% <sup>cd</sup>	12.3% <sup>de</sup>	45.0% <sup>ef</sup>	22.7% <sup>ef</sup>	63.9% <sup>b</sup>	25.6% <sup>ef</sup>	2.88% <sup>ab</sup>



# Culture Conditions



# Improved Culture Conditions



- Maintain strict control of temperature, gas composition, and pH
- Minimize environmental fluctuations during oocyte, sperm and embryo handling
- Designing laboratory workflows that prioritize efficiency
- Choose the best media for your lab



# Culture Conditions

599 RBMO VOLUME 39 ISSUE 4 2019

**RBMO**

ELSEVIER

REVIEW

**Controversies in ART: can the IVF laboratory influence preimplantation embryo aneuploidy?**

Jason E. Swain\* PhD, HCLD



**FERTILITY & REPRODUCTION** REVIEW

OPEN ACCESS

FandR 2021.03:120-124. Downloaded from www.worldscientific.com

**Can Culture Media Impact Preimplantation Embryo Aneuploidy?**

Jason E. Swain\*

CCRM Fertility Network, Lone Tree, CO, USA



## Cellular Stress Associated with Aneuploidy

Developmental Cell  
Review

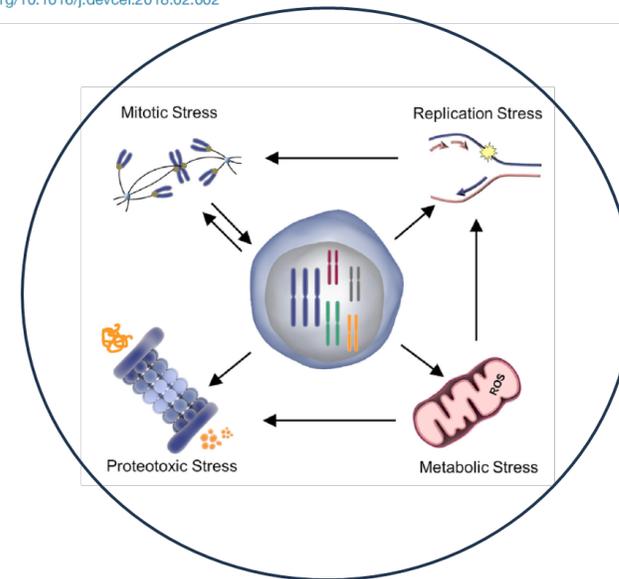
Jin Zhu,<sup>1</sup> Hung-Ji Tsai,<sup>1</sup> Molly R. Gordon,<sup>1</sup> and Rong Li<sup>1,2,\*</sup>

<sup>1</sup>Department of Cell Biology, Center for Cell Dynamics, Johns Hopkins University School of Medicine, Baltimore, MD 21205, USA

<sup>2</sup>Department of Chemical and Biomolecular Engineering, Whiting School of Engineering, Johns Hopkins University, Baltimore, MD 21218, USA

\*Correspondence: [rong@jhu.edu](mailto:rong@jhu.edu)

<https://doi.org/10.1016/j.devcel.2018.02.002>



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O-058

Evidence that differences between embryology laboratories can influence the rate of mitotic errors, leading to increased chromosomal mosaicism, with significant implications for IVF success rates

Wells D, Alfarawati S, Taylor S, Kubikova N, Spath K, Turner K, Hickman C, Fragouli E.

**P-136** Tuesday, October 18, 2016

**THE RATE OF MOSAIC EMBRYOS FROM DONOR EGG AS DETECTED BY NEXT GENERATION SEQUENCING (NGS) VARIES BY IVF LABORATORY.** N. M. Sachdev,<sup>a</sup> L. Ribustello,<sup>b</sup> E. Liu,<sup>b</sup> D. H. McCulloh,<sup>a</sup> J. Grifo,<sup>c</sup> S. Munne.<sup>b</sup> <sup>a</sup>Obstetrics and Gynecology, New York University Fertility Center, New York, NY; <sup>b</sup>Reprogenetics, Livingston, NJ; <sup>c</sup>NYU Fertility Center, New York, NY.

**166** Laboratory culture environment affects mitotic aneuploidy, not meiotic aneuploidy

**Hickman Cristina<sup>1</sup>; Wells Dagan<sup>2</sup>; Lavery Stuart<sup>3</sup>**



*Rates of embryo  
**mitotic** errors can  
vary as much as **>30%**  
between IVF facilities*

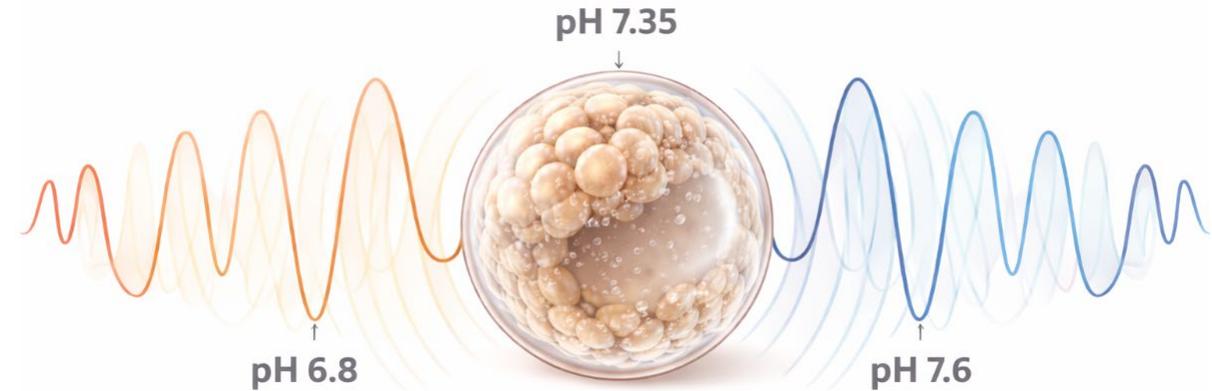
# IMPACT OF pH on Cellular Aneuploidy

BIOLOGY OF REPRODUCTION 64, 1845–1854 (2001)

## Altering Intracellular pH Disrupts Development and Cellular Organization in Preimplantation Hamster Embryos<sup>1</sup>

Jayne M. Squirrell,<sup>2</sup> Michelle Lane,<sup>3</sup> and Barry D. Bavister<sup>4</sup>

Department of Animal Health and Biomedical Sciences, University of Wisconsin, Madison, Wisconsin 53706



CELL CYCLE  
2016, VOL. 15, NO. 18, 2454–2463  
<http://dx.doi.org/10.1080/15384101.2016.1201255>



### REPORT

## Elevated intracellular pH appears in aged oocytes and causes oocyte aneuploidy associated with the loss of cohesion in mice

Jin-Mei Cheng<sup>a,b</sup>, Jian Li<sup>a,b</sup>, Ji-Xin Tang<sup>a,b</sup>, Su-Ren Chen<sup>a</sup>, Shou-Long Deng<sup>a</sup>, Cheng Jin<sup>a,b</sup>, Yan Zhang<sup>a</sup>, Xiu-Xia Wang<sup>a</sup>, Chen-Xi Zhou<sup>a</sup>, and Yi-Xun Liu<sup>a</sup>

<sup>a</sup>State Key Laboratory of Stem Cell and Reproductive Biology, Institute of Zoology, Chinese Academy of Sciences, Beijing, China; <sup>b</sup>University of Chinese Academy of Sciences, Beijing, China



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# Culture Conditions

-the lab *can* affect aneuploidy which in turn affects the total number of usable embryos

O-058

Evidence that differences between embryology laboratories can influence the rate of mitotic errors, leading to increased chromosomal mosaicism, with significant implications for IVF success rates

Wells D., Alfarawati S., Taylor S., Kubikova N., Spath K., Turner K., Hickman C., Fragouli E.

P-203

2016 Hum Reprod

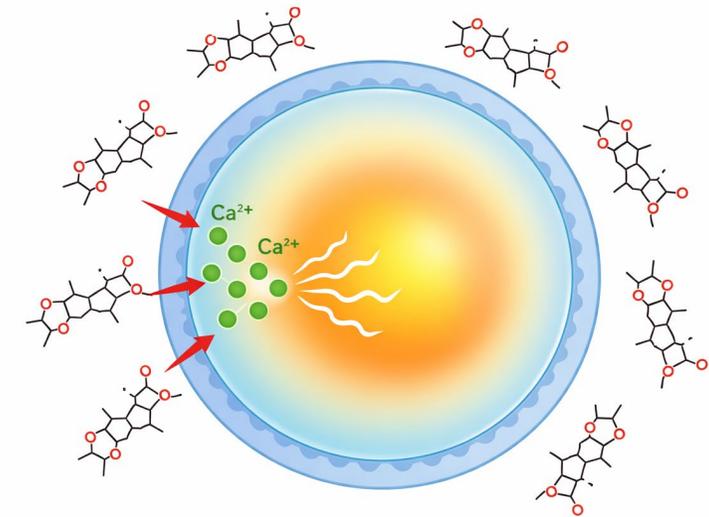
Euploid rate sensitivity to laboratory culture environment: a blind, prospective, randomised, sibling study

Hickman C., Wells D., Gwinnett D., Wilkinson T., Christiansen S., Oliana O., Abramov B., Carby A., Lavery S.



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# Calcium Ionophore



A23187 (Calcimycin) induces Ca<sup>2+</sup> influx, triggering oocyte activation.

Meta-Analysis > J Assist Reprod Genet. 2025 Jan;42(1):165-183.

doi: 10.1007/s10815-024-03319-y. Epub 2024 Nov 19.

## Assessing the impact of calcium ionophore on pregnancy outcomes in artificial oocyte activation cycles: a 10-year update of systematic review and meta-analysis

Jingqi Zhang<sup>1</sup>, Yilun Sui<sup>1</sup>, Min Xiao<sup>1</sup>, Xiaoxi Sun<sup>1</sup>, Jing Fu<sup>2</sup>



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# Future -

DOI: 10.64898/2026.01.08.698387 • Corpus ID: 284597735

## Restoring Shugoshin 1 reduces chromosome errors in human eggs

Debojit Saha, Saba Manshaei, +7 authors Melina Schuh • Published in [bioRxiv](#) 9 January 2026 • Biology, Medicine

**P-200** 2:00 PM Monday, October 27, 2025

**PRECLINICAL TESTING OF A NOVEL THERAPEUTIC FOR REDUCTION OF ANEUPLOIDY IN OOCYTES.** Alexandre Webster, PhD,<sup>1</sup> Eirini Bellou, PhD,<sup>2</sup> Alison J. Campbell, B.SC., PH.D.,<sup>3</sup> Chloe Charalambous, PhD,<sup>1</sup> Jordan Abdi, MD<sup>1</sup> <sup>1</sup>U-Ploid Biotechnologies Ltd., Oxford, United Kingdom; <sup>2</sup>U-Ploid Biotechnologies, Oxford, Oxfordshire, United Kingdom; <sup>3</sup>CARE Fertility, Nottingham, United Kingdom.



From aged mice, oocytes treated with UP-036 showed a statistically significant reduction in PSSC frequency compared to untreated oocytes. Oocytes from aged mice that underwent treatment were statistically significantly less likely to exhibit chromosome errors compared to untreated counterparts; with PSSC rates approaching those of young mice controls..



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# Summary

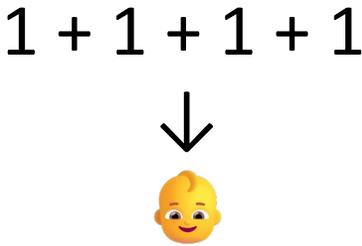
Balance quantity and quality

- extra work, resources

Personalized medicine vs. Standardized

- specific patients?

Incremental additions to a patients cohort of eggs can have profound affects on a cycle



# Q&A



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