

“FUE MI CULPA, ALGO HICE MAL”
“It was my fault, I did something wrong”

Understanding Hispanic Individual’s experiences around miscarriage care,
genetic testing and research

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BACKGROUND

- Miscarriages are common
~30% Latinx individuals (1)
- Marginalized population are at risk of inadequate reproductive care
- Community engaged research is needed to understand gaps

OBJECTIVE

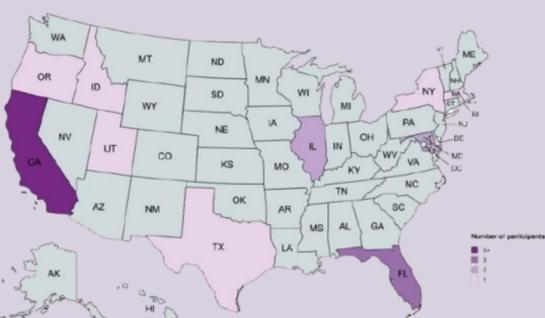
Explore the cultural attitudes, knowledge, and healthcare experiences of Hispanic women regarding miscarriage care, genetic testing, and participation in reproductive research through qualitative interviews.

METHODS

Semi-structured virtual interviews

- >1 miscarriage
- <20 weeks of gestation
- 2 years in the U.S.

Data was analyzed using inductive thematic analysis, employing an iterative coding process to identify final codes and themes.



RESULTS

THEMES
Perception of the cause of loss
Resources of information
Sharing the news
Grief and self-blame
Access to care
Attitude towards genetic testing on the loss
Willingness to collect tissue at home
Appreciation of research
Self-advocacy



REMARKABLE QUOTES

“Huge clots, blood clots coming out of me like it was like a massacre in the bathroom. It was very. It was like extremely traumatic”.

“As she explained to me, she said, look, really, something genetically wasn't right, and usually, that's why spontaneous losses occur in the first trimester. Something wasn't right, and that's why it happened. She told me that many times people, if they do these genetic studies, they don't find out”

“I didn't know who I was anymore. I didn't know what life was anymore. It was just a really weird time period, and you know I was surviving pretty much”

“It's not your fault. It's never your fault”

“Because a baby, even if they weren't born, will always be a child to me”

CALL FOR ACTION

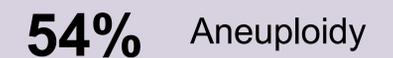
Compassionate care using trauma informed techniques

Offer miscarriage genetic testing more routinely

Establish a support system in your clinic

- Hot line
- Mental Health

DEMOGRAPHICS



Cohort Education Levels	
Some Highschool	5%
Trade/Vocational	5%
Degree Holders	74%

CONCLUSIONS

- Overall, great satisfaction with miscarriage care specially when genetic testing was performed
- Sense of fulfillment/altruism after participating in research
- Culturally sensitive and trauma informed care is strongly recommended when caring for this patients

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REFERENCES

